

THE BOCA RATON observer

Celebrating a Decade of Community

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HOLIDAY FLAVOR

Culinary Tours Offer Delicious Diversity

Here's a creative way to add flavor to your holidays: Embark on a multicultural culinary journey.

Taste History Culinary Tours' four-hour food-centric excursions through Lake Worth/Lantana and Delray Beach/Boynton Beach include great restaurants—and so much more. We're talking about behind-the-scenes looks at nonprofit cultural centers, art galleries, markets and urban farms in historic districts. As a bonus, participants often get the chance to schmooze with restaurateurs, local artists and others who define the culinary scene.

But the deliciously diverse food is the best part: Tastings might include African-American, Southern-American, Brazilian, Caribbean, Greco-Roman, Italian, English, French, French-Ca-



HAPPY HOST:
Sara DeVries of
Marianne Gourmet
Shop, a stop on
the Delray Beach/
Boynton Beach
food tour

nadian, Irish, Australian, Hungarian, Turkish, Ancient Mexican, farm-to-table or organic. Each outing is different.

Hungry for adventure? Tours cost \$40 per person (free for kids under 18 when accompanied by an adult) and take place on Saturdays year-round. This month's tours are scheduled to take place on Decem-

ber 14 (Lake Worth/Lantana), December 21 (Delray Beach/Boynton Beach) and December 28 (Delray Beach/Boynton Beach).

For more information, call 561-243-2662 or visit tastehistoryculinarytours.org.

— Linda Haase